

Dear Tony, ,

Hope all is well! I was introduced to the B1 patch in 2018 while I was recovering from a spinal cord injury. The B1 patch has honestly helped me with my depression and anxiety. As a retired ball player who always took B vitamins orally I thought to myself, would it be enough? The B1 patch had me in awe! I know it's working, I can feel the energy, and I'm more aware!

Jerry Castello has become a great friend and partner and I thank him for turning me on to the B1 patch. I'll always wear a B1 patch and I'm always patched up for a round of golf! B1 patch has hit a home run with me!

Kevin Mitchell - 1989 NL MVP
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